

**SOUTHSIDE YOUTH SOCCER LEAGUE  
LAKEWOOD SOCCER COMPLEX  
2001 Country Club Way S,  
St Petersburg FL 33712**

**RETURN TO PLAY ACTION PLAN (GUIDELINES)**

This Southside Soccer Return to Play Action Plan addresses many critical details that will be followed by all board members, coaches, volunteers, players, and parents, to ensure the health and safety of everyone involved with Southside Youth Soccer League and the community. The plan allows for flexibility regarding Southside Soccer's Spring Program (April), Summer Program (June-July) and Fall Program (October-March).

The progression through the stages of this Return to Play Action Plan, will be implemented and managed by Southside Youth Soccer League Board of Director's Leadership and Coaching Staff, based on guidelines from the Center for Disease Control (CDC), the State of Florida, the City of St. Petersburg, and Florida Youth Soccer League (FYSA).

**ENTRANCE AND EXIT**

- Entrance to the facility will be located near the concession stand between field #1 and field #2, exit from the facility will be through the gate located at the south end of field #2.
- There will be temperature check guns, disposable masks, sanitizer and disinfectant at the entrance and exit locations and the check in location.
- All board members, coaches, volunteers, parents, players, and family members, will have their temperature check at the check in location and the results will be recorded to the roster/attendance sheet.

**CLEANING AND SANITIZING**

- Concession stand/Common area will be sprayed with disinfectant and sanitized or pressure cleaned and the equipment room area and practice equipment will be sprayed with disinfectant and sanitized after practices have concluded.
- Parents will be required to sanitize their children equipment as needed after each practice session. players will use their own water bottle and personal hygiene products. Players are not to share water, towels, or any personal

equipment. This includes, but not limited to: shin guards, tape, hairband, jersey/uniform, pinnies or practice vests of any kind.

- Coaches will be required to have sanitizer at their practice location at all times while conducting training sessions and adhere to social distancing at all times.
- Players and coaches will not be allowed to touch each other at any time. No high fives, fist bumps, handshakes or other means of physical greeting, will not be allowed until further notice.
- Coaches, shall clean and dispose of all trash from practice area before departing from the field.

### **CONCESSION STAND**

- Southside Youth Soccer concession stand will be open for service during soccer training and soccer games.
- Staff workers are required to wear mask and gloves during the time they are working in the concession stand.
- Staff will continue to implement the 6 feet distance rule while working in the concession stand.
- Staff will disinfect and sanitize all counter spaces, cookware, and utensils before opening and after closing according to CDC safety standards.
- Sanitizer and disinfectant will be readily available at the concession stand during service.

### **TEAM SNACKS AND DRINKS**

- Passing out team snacks and team drinks are not permitted until further notice.

### **SPECTATORS AND SEATING**

- Parents or guardians will be allowed to stand or sit in designated areas while practicing social distancing. Picnic tables and bleachers will be closed during activities.
- Do not assist coach with equipment before or after training.
- Parents must maintain a minimum distance of 6 feet from each other during training and during games.

### **EQUIPMENT**

- Coaches will be required to utilize a single use system for all equipment including, but not limited to, training bibs and balls. Players will not share any equipment at any time. Coaches will be required to wash training bibs

after each session. If a Coach has two practice sessions, a new set of training bibs must be used for the following training session. Cones and all other equipment must be handled by coach only at all times. Coaches will be responsible to disinfect all equipment before and after practice session.

### **RESTROOMS**

- Restrooms should be cleaned and disinfected regularly, especially the frequently touch surfaces such as faucets, toilets, doorknobs, and light switches. Will clean and disinfect restrooms daily according to CDC guidelines.

### **SCHEDULING**

- Practice sessions are 45-60 minutes long with 20 minutes between sessions to allow for players to leave and arrive without interaction. Practices will be 6:00 pm to 7:00 pm and 7:30 pm to 8:30 pm.

### **STAFF/VOLUNTEERS/OFFICIALS**

- All Board Members, coaches and volunteers will be required to enforce the Return to Play Guidelines and the safety guidelines published by the CDC.
- Only Coaches and Board Members will be permitted to enter and exit equipment storage areas.
- Coaches temperature will be checked before they can enter the practice area to train or coach players during games.

### **DURING PLAY**

- All player parents/guardians will be required to sign new participation waivers specific to COVID-19 that has been provided to us by the Florida Youth Soccer Association (FYSA).
- Practice exercises will be structured that allow players to train with 6 feet social distancing of another player. Practice exercises will avoid transitions that involve any physical touching.
- There will be staggered start times of training sessions to limit the amount of people arriving and leaving the facility at the same time. Training sessions
- consist of individual technical and fitness exercises **ONLY** during spring and summer programs, this will allow players to remain 8 -10 feet apart for the duration of 45 – 60 minutes
- Training sessions are **45-60 minutes** long with **20 minutes** between
- Sessions to allow for players to leave and arrive without interaction with other players.

## **CONTACT AND GAMES**

### **Referees responsibilities during games**

- Center referee are recommended to wear breathable face coverings during active play, unless wearing a mask causes breathing problems.
- Assistant referees are recommended to wear breathable face coverings unless wearing a mask causes breathing problems.
- Referees will have their temperature check prior to entering field of play before the game.
- Referees are recommended to stay a minimum of 6 feet away from players, coaches, spectators, and the referee team, during dynamic play and stationary play at all times.
- Avoid spitting.
- Cough into your elbow.
- Do not share whistles or, if possible, any other referee equipment.
- If not feeling well during the game at any time, go home immediately.

### **Post-game**

- After the game, applaud the players and coaches, but handshakes are not permitted; fist bumps/elbow bumps are not recommended.

### **Parents**

- Ensure your child is healthy. Test child's temperature before departing for soccer games if temperature above 100.4, do not attend the game.
- When dropping off and picking up players give special care, attention and consideration for the other players being drop off and pick up from the facility's activity.
- Please wait in your car and/or adhere to social distance requirements, based on state and local health requirements and as requested by your coach or Southside Soccer officials.
- As much as possible, limit the use of carpooling and limit passengers to family members.

- Face masks are recommended.
- Sanitize all equipment (ball, cleats, shin guards, etc.) before and after every game.
- Clearly label your child's water bottle and personal items.
- Ensure your child has hand sanitizing products with them at every session.
- Notify your team/club immediately if your child or family member becomes ill for any reason.
- Do not assist coach with equipment before or after training.
- Parents must maintain a minimum distance of 6 feet from each other during practices and games.

### **Players responsibilities during games**

- Players will not be allowed to congregate prior to a practice and will stay in their cars until it is time to warm up for the practice and must avoid other groups that are leaving the prior practice.
- Players will be greeted by their coach for temperature check before games, to confirm they have no symptoms, or have not been in contact with someone who has COVID-19.
- Players shall continue social distancing during the team check in process for games. Players shall quickly exit the practice location and go directly to their cars without congregating with other teams or spectators in common areas.
- No physical greetings with their teammates. However, verbal acknowledgement is expected, because we are physical distancing not social distancing.
- Inform parent if you are feeling ill.
- Wash hands before and after training.
- Responsible for all personal equipment after each training sessions such as ball, cleats, shin guards, etc.
- Bring and use your own labeled hand sanitizer at every session.
- Do not touch or share anyone else's equipment.
- Practice physical distancing, place bags and equipment at least 6 feet apart.

- No sharing drinks or use of water fountains at facility, players should bring their own labeled water bottles with their names on it.

### **Coaches responsibilities during games**

- All coaches will be required to enforce the Return to Play Guidelines and the safety guidelines published by the CDC.
- Coaches will be permitted to enter and exit equipment storage areas.
- Coaches temperature will be check before they can enter the practice area to train or coach players during games.
- All Southside coaches will be required to wear face masks during games.
- Only the required number of players will be allowed on the benches in the team area, during warm ups and during the games.
- Two coaches per team in designated team area **6 - 8** feet apart.
- During water breaks and halftime coaches will enforce the **6 - 8** feet distancing.
- Coaches will allocate **10-15 minutes** between sessions to allow for players to leave and arrive without interaction with other players because of safety reasons.
- Coaches will be required to have sanitizer and disinfectant at their practice locations and during the games.
- Coaches will adhere to social distancing at all times according to Return to Play Guidelines and the CDC Safety Guide Lines.
- Coaches are encouraged to applaud the players after the game, but handshakes, fist bumps, elbow bumps and high fives are not recommended.

### **ENFORCEMENT**

- Board Members and Coaching Staff will supervise and ensure that Return to Play Guidelines and the CDC Safety Guidelines are being followed.
- The consequence for lack of compliance will result in suspension from any activity on or in City facilities for a minimum of 14 days. Continued lack of compliance may lead to termination of contract.

## **IDENTIFYING AND REPORTING ILLNESS**

- If a coach, volunteer, or board member is sick or becomes symptomatic, they will be sent home and should contact their health care provider.
- If a player is sick or becomes symptomatic, they will be sent to a designated area to be isolated and a board member or volunteer will contact their parent/guardian to pick up their child.
- The parent/guardian will be instructed to contact their health care provider. Southside Soccer Board Member will notify the City of St. Petersburg Athletics Division immediately. Including a follow-up email to Athletics Supervisor Chris Wolfe documenting the case was reported.
- We will inform anyone exposed to a person diagnosed with COVID-19 to stay home, self-monitor for symptoms, and follow CDC guidelines if symptoms develop.
- If a player, coach, volunteer, or board member develops a fever of 100.4 (F) or higher, they must isolate themselves for 72 hours and bring a doctor's note clearing them before they can return to practice.

**Godfrey King, President**  
**Southside Youth Soccer League**

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Chris Wolfe, Supervisor**  
**Parks Athletics Department**

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_